



Post Graduate Courses 2016-2017

Five-Day Craniosacral Biodynamic Post-Graduate Courses



Relational Mindfulness in Clinical Practices : 4-8 April 2016 (NB: This course is rarely offered)

Staff: Maura Sills, Founder and co-Director of the Karuna Institute

Cost: £675 (non-refundable deposit: £375)

This Diploma course is intended to give a preliminary grounding in the basic theory and practice of mindfulness within psychotherapeutic practice. Course introduces participants to key therapeutic contemplative practices and relational skills, grounded in the practice of Core Process Psychotherapy, one of the original mindfulness-based therapeutic forms.



Embodiment and Embryology : 24-29 April 2016

Staff: Franklyn Sills, Founder and co-Director of the Karuna Institute, and Cherionna Menzam Sills, senior biodynamic teacher

Cost: £675 (non-refundable deposit: £375)

This course explores early embryological development through prenatal experiential access modes, embryological imagery, Continuum Movement, embryonic Chi Kung forms, discoveries of the functions of potency (embodied life-force) and table work.

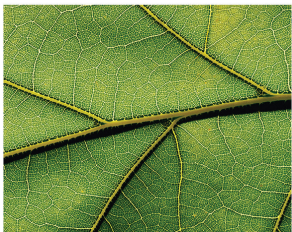


Awakening the Heart : 10-15 July 2016

Staff: Franklyn Sills, Founder and co-Director of the Karuna Institute, and Cherionna Menzam Sills, senior biodynamic teacher

Cost: £675 (non-refundable deposit: £375)

This seminar is about the nature of our hearts and the possibility of true empathy and receptive heart-to-heart connection. We will be working with a combination of experiential processes including meditation, continuum movement, chi kung and table work.



Three-Day Craniosacral Biodynamic Post-Graduate Courses

The Primal Midline : 5-8 June 2016

Staff: Franklyn Sills, Founder and co-Director of the Karuna Institute

Cost: £395

An exploration into the ordering matrix and its primal midline. This seminar explores what is known as the "primal midline", the energetic midline within which the embryonic notochord forms and around which tissue organization develops.



The Three Functions of Potency : 4-7 September 2016

Staff: Franklyn Sills, Founder and co-Director of the Karuna Institute

Cost: £395

An exploration into the organizational, protective and healing functions of the primordial life force Dr Sutherland called potency. Dr Sutherland wrote of an energetic transmutation, or change in state, from primary respiration as Tide or Long Tide, into the fluids of the body, which generates an embodied life force that he called potency.



The Prenatal Person

An Exploration into Prenatal and Birth Experience within Clinical Practice, composed of six five-day residential seminars over two years at the Karuna Institute, Devon UK

Staff: Franklyn Sills and Cherionna Menzam Sills

Dates: Starting in March 2017

Cost: £3900 Deposit: £750 (required to secure your place)

The Prenatal Person is a postgraduate training for practitioners who wish to extend their therapeutic practice or deepen their understanding of pre- and perinatal psychology and therapy approaches.